


Southern Local Lunch Menu

October

2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Ham and Cheese Sandwich, Twisty Fries, Fruit Cup	2 Pizza, Salad, Fruit Cup	3
4	5 Hot Dog, French Fries, Fruit Cup	6 Turkey Sandwich, Twisty Fries, Cheese Cup, Fruit	7 Popcorn Chicken, Hash Browns, Fruit	8 Cheeseburger, Baked Beans, Chips, Fruit	9 Pizza, Salad, Fruit Cup	10
11	12 Calzone, Baby Carrots, Ranch, Fruit Cup	13 Mini-Corn Dogs, Bake Beans, Fruit	14 Chicken Nuggets, Tater Tots, Fruit	15 BBQ Rib Patty, French Fries, Fruit	16 Pizza, Salad, Fruit Cup	17
18	19 Chicken Patty Sandwich, Chips, Fruit Cup	20 Cheeseburger, French Fries, Fruit	21 Taco-in-a-Bag, Corn /Bean Mix, Salsa Cup, Fruit	22 Ham Sandwich, Tater Tots, Fruit	23 Pizza, Salad, Fruit Cup	24
25	26 Calzone, Baby Carrots, Ranch, Fruit Cup	27 Corn Dog, Baked Beans, Chips, Fruit	28 Chicken Strips, Corn, Fruit	29 Hot Dog, French Fries, Fruit	30 Pizza, Salad, Fruit Cup	

News: Menus are subject To change. This Institution is an equal Opportunity Provider. *For High School: Fruit will consist Of choice of Large Orange, Banana, Fruit Cup Or Large Apple. Juice plus Fruit Equals 1 cup : Milk Served Daily with Meal. All Buns Whole Wheat Grain.