



Southern Local Lunch Menu

September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 No School	3 Cheeseburger, Tater Tots, Fruit	4 Pizza, Raw baby Carrots w/ranch cup, Fruit	5 Hot Dog w/Sauce, French Fries, Fruit	6 Calzone, Romaine Blend Salad, Fruit	7
8	9 Taco in Bag , Corn -Bean Mix, Salsa, Apple	10 Cold Ham and Cheese Sandwich, Tater Tots, Fruit	11 Chicken Strips, Mashed Potatoes/Gravy, Roll, Fruit	12 Mini-Corn Dogs, Twisty Fries w/Cheese Cup, Fruit	13 Pizza, Romaine Salad, Fruit	14
15 PopCorn Chicken Week	16 Hot Dog w/ Sauce, French Fries, Fruit	17 Chicken Patty Sandwich, Corn, Fruit	18 Pizza, Raw baby Carrots w/ranch cup, Fruit	19 Cheeseburger, Tater Tots, Fruit	20 Calzone, Romaine Blend Salad, Fruit	21
22 Hot Dog Week	23 Corn Dog, Baked Beans, Fruit	24 Cheeseburger, French Fries, Fruit	25 Chicken Nuggets, Mac & Cheese, Roll, fruit	26 Rib Patty Sandwich, Tater Tots, Fruit	27 Pizza, Romaine Blend w/Spinach, Fruit	28 
29 Chicken Nugget Week	30 Taco in a Bag, Corn/Bean Mix, Fruit	1 Pork BBQ Sandwich, Twisty Fries w/Cheese Cup, Fruit	2 Pizza, Carrot & Celery Sticks, w/ Ranch Yogurt, Fruit	3- Hot Dog w/ Sauce, French Fries, Fruit	Calzone, Salad, Fruit	

News: Menus are subject To change. This Institution is an equal Opportunity Provider. *For High School: Fruit will consist Of choice of Large Orange, Banana, Fruit Cup Or Large Apple. Juice plus Fruit Equals 1 cup : Milk Served Daily with Meal. All Buns Whole Wheat Grain.