

**Southern Local  
Breakfast Menu**

# JANUARY 2018

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Happy New Year!	2 No School	3 Waiver Day –No School for students		4 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	5 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	6
7	8 Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	9 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	10 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	11 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	12 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	13	
14	15 No School	16 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	17 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	18 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	19 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	20	
21/28	22/29 Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	23/30 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart	24/31 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	25 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	26 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart	27	
<p>Fruit will consist of Choice of Large Orange, Banana, Fruit Cup or Large Apple. Juice plus Fruit equals or exceeds 1 cup</p>							

All Pancake, biscuit, burrito items, super donuts, super buns, cereal bars, and cereals will be whole grain rich as required by state and federal guidelines. **USDA is an equal Opportunities Provider and Employer!**