

**Southern Local
Breakfast Menu**

FEBRUARY 2018

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	29 Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	30 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	31 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	1 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	2 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	6	
4	5 Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	6 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	7 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	8 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	9 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	10	
11	12 Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	13 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	14 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	15 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	16 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	17	
18/25	19- No School 26-Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk Fruit	20/27 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart	21/28 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	22 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Honey Bun Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk/ Fruit	23 Saus. Pancake Stick or Burrito/ Saus. & Egg Super Donut Cereal Bars or Wh. Wht Strawberry Pop Tart	24	
Fruit will consist of Choice of Large Orange, Banana, Fruit Cup or Large Apple. Juice plus Fruit equals or exceeds 1 cup							

All Pancake, biscuit, burrito items, super donuts, super buns, cereal bars, and cereals will be whole grain rich as required by state and federal guidelines. **USDA is an equal Opportunities Provider and Employer!**