

~ Oct 2017 ~ BREAKFAST MENU

ALL BREAKFAST FREE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	3 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	4 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	5 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	6 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	7
8	9 Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	10 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	11 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	12 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	13 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	14
15	16 No School for Students Teacher Waiver Day Training	17 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	18 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	19 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	20 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	21
22	23 Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	24 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	25 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	26 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	27 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	28
29	30 Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	31 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	27 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	28 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Cereal or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	29 Saus. Pancake Stick or Burrito/ Saus. & Egg Wh. Grain Wht. Donut Cereal Bars or Wh. Wht Strawberry Pop Tart 100 % Juice/Milk	

All Pancake, biscuit, burrito items, super donuts, super buns, cereal bars, and cereals will be whole grain rich as required by state and federal guidelines. **USDA is an equal Opportunities**

Fruit will consist of Choice of Large Orange, Banana, Fruit Cup or Large Apple. Juice plus Fruit equals or exceeds 1 cup

Provider and Employer!