

SIX REASONS

For Adults To Get Vaccinated

3

Vaccines are safe and effective.

Vaccines are generally safe, cost-effective measures to avoid infectious diseases. Each vaccine is targeted to prevent a specific disorder.

2

Vaccine-preventable diseases haven't gone away.

Viruses that cause illness and death still exist. What's more, vaccine-preventable infections kill approximately 50,000 American adults each year.

1

Vaccines are important to your overall health.

Vaccines play an important role in keeping you healthy. They are among the simplest preventive care measures available.

4

Vaccine-preventable diseases are expensive.

These illnesses cost an estimated \$10 billion annually in medical costs and in lost work days.

5

Young and healthy people can get sick, too.

Vaccine-preventable diseases can affect anyone. If you're healthy, vaccines can help you stay that way.

6

When you get sick, you put your family at risk.

The very young and the very old, as well as people with chronic illnesses such as immune system disorders, are more vulnerable to viruses. So make sure to get vaccinated to avoid getting a virus yourself as well as to prevent spreading it to family members and friends who may be at high risk for complications if they're infected.



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