

# VACCINES

Aren't Just for Kids



Some 50,000 Americans die each year from vaccine-preventable diseases, including:

**The Flu / Pneumococcal / Hepatitis B  
Cervical Cancer / Shingles / Whooping Cough**

Vaccines are a simple, cost-effective way to prevent these diseases.

To learn more about vaccinations or disease management for you or your family, or any other health concern, call "Healthy Living" at (866) 766-8795 or visit the website at [www.Alerecares.com/OME-RESA](http://www.Alerecares.com/OME-RESA). Develop a healthier lifestyle by visiting the "Healthy Lifestyles" website at [www.ome-resahealthylifestyles.com](http://www.ome-resahealthylifestyles.com).



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